

List of Complementary Therapies Covered by KPT

Valid from 01.01.2025

KPT recognises the complementary therapies listed below in accordance with the special conditions of Pulse Top (Art. 12 and Art. 14) and Pulse Premium (Art. 13 and Art. 15) supplementary outpatient insurance.

	Recognised therapies
Medical massage or individual therapy	– Therapeutic massages – Traditional massage – Foot reflexology massage – Lymph drainage (manual) – Empirical massage – Medical massage – Massage techniques – Connective tissue massage – Hydrotherapy – Wrapping therapy – Dorn therapy – Electrotherapy
75%, up to CHF 250 per year under Pulse Top	
75%, up to CHF 650 per year under Pulse Premium	
Complementary medicine	– Acupressure – Acupuncture – Alexander technique – Anthroposophical medicine/therapy – APM therapy – Breathing therapy – Purging methods – Audio-psycho-phonology/Tomatis method – Boeger scar therapy – Bach flower therapy – Movement and dance therapy – Biofeedback – Bioresonance therapy – Colon hydro therapy – Craniosacral therapy – Drama and speech therapy – Electroacupuncture – Electroacupuncture according to Voll – Etiopathy – Eutony – Gerda Alexander – Fascia therapy – Feldenkrais method – Creative and art therapy – Therapeutic eurythmy – Homoeopathy
75%, up to CHF 2,000 per year under Pulse Top	
75% up to CHF 4,000 per year under Pulse Premium	

Recognised therapies	
Complementary medicine	– Expressive arts therapy – Kinesiology – Music therapy – Meridian therapy – Painting therapy – Auricular acupuncture – Osteopathy – Phytotherapy (medicinal herbs) – Sculpture therapy – Equine therapy – Polarity – Rebalancing – Reflex zone therapy – Rolfing – Oxygen multi-step therapy – Shiatsu – Sophrology/Caycedian – Sympatico therapy – Therapeutic speech – Trager massage – Yoga therapy
75%, up to CHF 2,000 per year under Pulse Top	
75% up to CHF 4,000 per year under Pulse Premium	
Alternative medicine practitioner (AMP) with a Swiss higher education diploma (eidg. Diplom) in Ayurvedic medicine or an OdA AM certificate in Ayurvedic medicine or AVM naturopathy	– Ayurveda massage – Purging methods – Drug therapy – Ayurvedic oils – Nutritional therapy – Orthomolecular therapy – Lifestyle therapy – Leeches
Alternative medicine practitioner (AMP) with a Swiss higher education diploma (eidg. Diplom) in homoeopathy or an OdA AM certificate in homoeopathy	– Homoeopathy, treatment/consultation – Homoeopathy – repertorisation – Orthomolecular therapy – Nutritional therapy – Drug therapy – Lifestyle therapy – Leeches
Alternative medicine practitioner (AMP) with a Swiss higher education diploma as an alternative medicine practitioner (AMP) of traditional Chinese medicine (TCM) or with an OdA AM certificate in TCM or TCM naturopathy	– Acupuncture – Tui Na/An Mo – Drug therapy – Purging methods – Nutritional therapy – Electroacupuncture – Lifestyle therapy – Orthomolecular therapy – Leeches



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Recognised therapies

Alternative medicine practitioner (AMP) with a Swiss higher education diploma in TEN or an alternative medicine practitioner (AMP) with an OdA AM certificate in TEN or naturopathy (TEN/WAM)

- Nutritional therapy
 - Drug therapy
 - Massage techniques
 - Lymph drainage, manual
 - Reflex zone therapy
 - Orthomolecular therapy
 - Dorn/Breuss therapy
 - Purging methods
 - Lifestyle therapy
 - Bioresonance therapy
 - Leeches
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